

KOOTENAY TRAVEL ADVICE

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POWDER POINTS

- CMH buses are modern Hwy coaches, complete with washrooms, dvd players and professional drivers.
- A CMH Bus Escort will accompany you on the inbound and outbound bus ride.
- Food is provided for on the inbound bus trips to the areas (breakfast snack or lunch with fruit and beverages).
- All CMH times are represented in Mountain Time Zone (MTZ).

Addressing Your Travel Concerns

Canadian Mountain Holidays has been moving guests through the mountains of Western Canada for over forty years. In that time, we have sourced-out the safest, quickest, most reliable transportation available.

Please consider discussing your travel plans with the Transportation Coordinators and reservations agents at CMH when preparing for your heli-ski trip. The Coordinators and Agents are qualified and experienced with winter travel through the remotest areas of the Canadian Rockies and will help you

make good decisions.

The Transportation Team is also standing by to help coordinate your Special Transportation needs. Whether it be arranging for a private plane or to have your corporate jet met by a chartered helicopter, limousine, or bus; facilitating a late arrival into a lodge or an early departure, we are very familiar with the airports and airstrips that service the heli-ski areas as well as the resources available to complete your journey into and out of the lodges. We monitor Environment Canada's website for the most cur-



rent weather and road conditions.

Contact the Transportation Team or Reservation Agent at 403/762-7100 and we'll be pleased to help you reach the world's greatest heli-skiing in the quickest and most efficient way.

Helping You Reach the Powder Sooner

Let the CMH Transportation Team and Reservation Agents make the most of your holiday time. By helping you reach the world's greatest heli-skiing terrain

faster than ever.

Whether it be advice on travel plans or arranging for charter flights, we have the know-how and experience to make your heli-skiing fantasy come

true. We'll even get you back to your family or office faster than ever, while the memories are still fresh.

Travel Advice for New Guests and Veterans

Over the years CMH has developed a few principles to guide guests through the transition from home to heli-ski lodge. Always:

1. Carry your passport.
2. Carry-on your ski boots.
3. Limit luggage to 18kg/40lbs.
4. Advise the CMH Transportation Team of any changes to your travel itinerary.

Upon arriving at Calgary Interna-

tional Airport please collect your luggage and proceed across the street to the Delta Calgary Airport Hotel. There you will be greeted by a CMH representative and given specific instructions.

Late arriving guests or mid-week arrivals should also proceed to the Delta Calgary Airport Hotel where you will be met by a CMH representative or pre-arranged car and driver to continue your journey

into the lodges.

Guests arriving via Kelowna, Prince George, Vancouver or other way-points need to be in contact with the CMH Transportation Team prior to arriving and upon arrival at the airport so that CMH may monitor your progress and travel arrangements.

The CMH Transportation Team may be reached by telephoning 403/762-7100.

Passport Control

A VALID PASSPORT IS REQUIRED FOR ENTRY INTO CANADA.

If you arrive in Canada from a foreign country, including the United States of America, you must clear Canadian Customs and will be required to produce a valid passport (in some cases, a driver's license and birth certificate will suffice, however check with authorities before leaving your home).

If you have been convicted of a criminal offence, you may be denied entry into Canada. Contact the Canadian Border Services Agency prior to your departure for more information regarding your official status. You may require a legal pardon from your country or some such document to gain entry into Canada.

If you are denied entry into Canada at the port of entry, please

notify CMH of your delay and contact your attorney for advice.

Contact:

Canadian Border Services Agency

www.cbsa-asfc.gc.ca

CMH at the Delta Calgary Airport Hotel

Representatives from Canadian Mountain Holidays may be found in the lobby of the Delta Calgary Airport Hotel on Fridays and Saturdays for trips beginning on the weekend; and on certain days during the week to facilitate scheduled mid-week heli-ski trips.

Upon arriving in Calgary, please present yourself to the representatives for a cheerful welcome and specific instructions for continuing on to the lodges.

In the unfortunate circumstance of lost luggage, please file a claim with the airline and repeat the in-

formation to the CMH representative who may monitor the situation and assist with your luggage recovery. CMH will make every effort to forward your luggage to the lodge, however additional expenses may be incurred by the guest and applied to their tripbill.

Kootenay Transportation Schedules

CALGARY EXCHANGE

Saturday Bus Schedule for Kootenay Area	
Depart Delta Calgary Airport Hotel	09:45 MTZ
Board Brewster Transportation Centre, Banff	11:15 MTZ
Board Post Hotel, Lake Louise	12:15 MTZ
Arrive CMH Kootenay @ Kuskanax Lodge, Nakusp	17:30 MTZ
Depart CMH Kootenay, Nakusp BC	18:00 MTZ
Arrive CMH Banff Office	23:30 MTZ
Arrive Delta Calgary Airport Hotel (Sunday)	01:30 MTZ

SPOKANE EXCHANGE

Saturday Bus Schedule for Kootenay Area	
Depart Spokane Airport	13:30 PTZ
Board Ramada Inn, Spokane Airport	13:45 PTZ
Board Sandman Inn, Castlegar BC	17:45 PTZ
Arrive CMH Kootenay @ Kuskanax Lodge, Nakusp	19:00 PTZ
Depart CMH Kootenay, Nakusp BC	17:00 PTZ
Arrive Sandman Inn, Castlegar BC	19:30 PTZ
Arrive Ramada Inn, Spokane Airport	22:30 PTZ

Kootenay Transportation Details

Canadian Mountain Holidays' guests skiing in the Kootenay area have a number of options for arriving at the Kuskanax Lodge.

1. Via Calgary and Banff.
2. Via Spokane, WA.
3. Via Kelowna.

Kootenay guests arriving via Calgary International Airport should present themselves to the CMH representative at the Delta Calgary Airport Hotel on Friday for check-in and to receive further instructions.

Kootenay guests will travel with the CMH Revelstoke guests on Saturday morning. Upon arriving in Revelstoke the guests will transfer to a CMH vehicle for the remainder of the trip to the Kuskanax Lodge in Nakusp.

Guests arriving via Spokane, WA,

should arrive at the Spokane airport in time to board the CMH bus scheduled to depart for the Kuskanax Lodge at 13:30 local time.

Upon arriving in Spokane, collect your luggage and meet the Northwestern Stagelines bus by the curb outside concourse A of the arrivals terminal.

Kootenay guests arriving in Spokane Friday night and staying at the Ramada Inn, must be ready to depart the lobby of the Ramada Inn on the CMH bus at 13:45 local time.

The bus will make two stops en-route to the lodge in Nakusp: one, at the US/Canadian border and two, in Castlegar to pickup guests who may have flown into that airport.

The drive time from Spokane to Nakusp, BC is approximately 5.5 hours. Guests are expected to arrive at the Kuskanax Lodge at approximately 19:00 local time.

Kootenay guests arriving via Kelowna, an option that is increasing in popularity, should make every effort to contact the CMH Transportation office prior to their trip to discuss their travel plans. Kelowna airport is an international airport with many connections from major airline hubs. The drive from Kelowna to the kuskanax Lodge can be as short as three hours.

Any delays to guests' travel itineraries should be reported by telephone to the CMH Transportation Department at 1-800-661-0252.

3 and 4 Day Trips at CMH Kuskanax Lodge

Transportation is included in the 3 and 4 day trips to the Kootenays. Guests arriving in Calgary and Spokane on 3 and 4 day trips may board scheduled transportation to and from the Kuskanax Lodge in Nakusp, BC.

CMH guests have the option to request private and special transporta-

tion to meet and drive them to and from the lodge, however, the additional cost will be added to your trip bill. CMH's Transportation Department will be happy to assist you with these arrangements, telephone 1-800-661-0252 and ask to speak with a Transportation Coordinator.

CMH guests who choose to rent vehicles and drive themselves from Calgary or Spokane to the Kuskanax Lodge will find all major car rental companies represented at both airports. Please contact the CMH Transportation Department for driving directions, maps and up-to-date weather and road conditions.

Arriving by Road via Calgary

From Calgary, travel westbound on the Trans Canada Highway (Hwy#1) 425km/264mi to Revelstoke. From Revelstoke, take Highway 23 south for 50km/31mi to the Shelter Bay ferry. The ferry runs north to south

every hour on the hour and is a 30 minute crossing. From the ferry landing, Nakusp is 49km/30mi further south on Highway 23. The Kuskanax lodge is on the left side of the road as you approach the downtown area. When returning north, the ferry de-

parts from the south shore at 30 minutes past every hour. The ferry operates from 06:00am until midnight, local time.

Total driving time is 7.0 hours.

Arriving by Road via Spokane

Nakusp is at the junction of Highway 6 and 23. It is 205km/127mi north of the US/CDN border crossing at Nelway (open from 08:00 until 24:00 local time) or Northport (open 24 hours) and 101km/63mi south of Revelstoke. Please plan your arrival time at the lodge for after 16:00 local time.

From Spokane, take Highway #395

North to Kettle Falls. Turn right on Highway 25 past Northport to the Frontier/Paterson border crossing. Continue north through Rossland and Trail to Castlegar. Take Highway 3A to the junction with Highway 6, follow Highway 6 through New Denver to Nakusp and the Kuskanax Lodge.

Guests crossing the border at Nelway, should continue north on Highway 3 to Salmo, then turn west for

14km/8.7mi where they will have to turn north again and continue on Highway 3 through Castlegar to the junction with Highway 6. Turn on Highway 6 through New Denver and on to Nakusp and the Kuskanax lodge. The CMH Kuskanax Lodge is in the centre of town across from the market.

Total driving time is 5.0 hours.

Arriving by Private Airplane

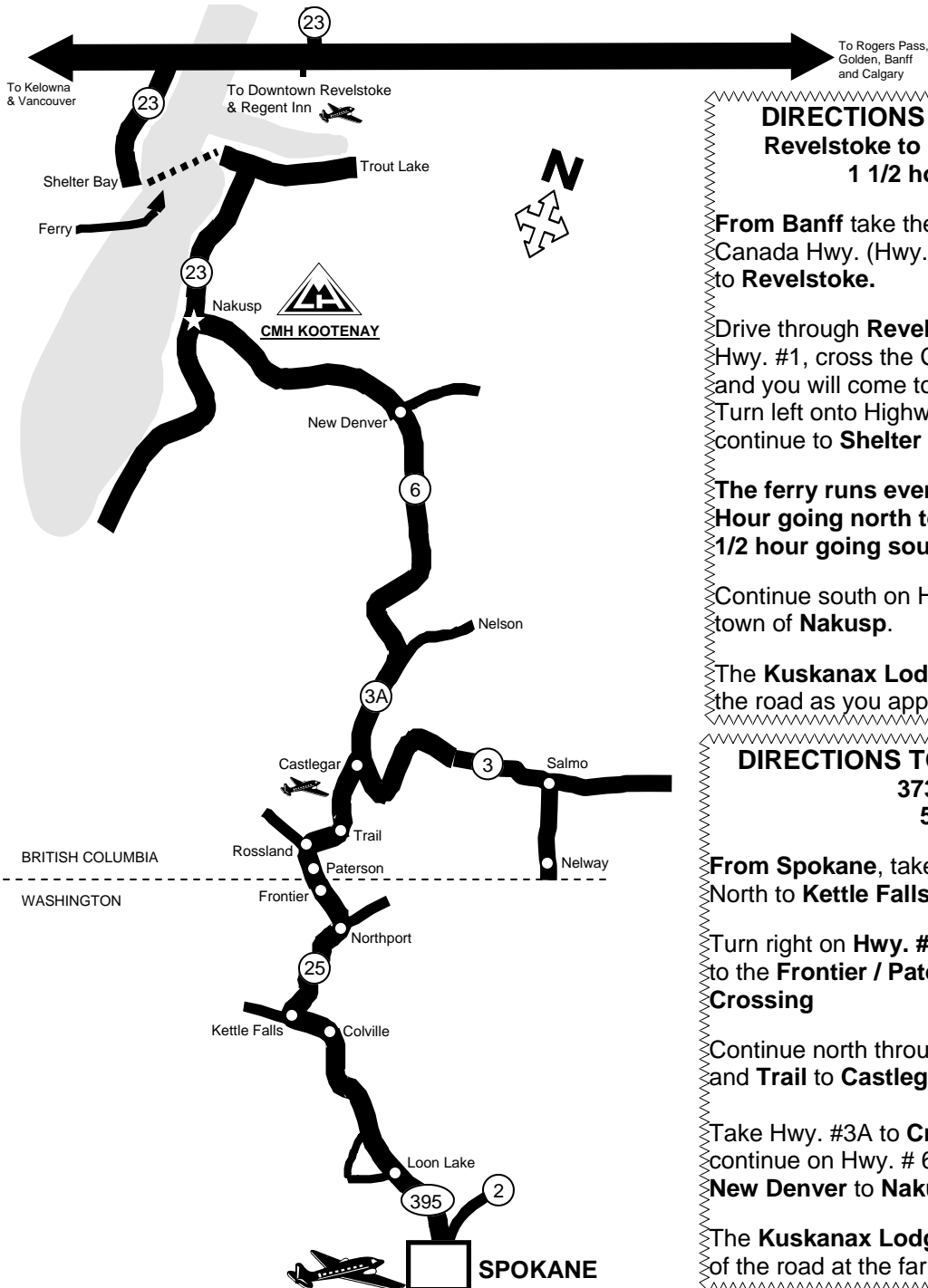
CMH Kootenay guests planning to arrive by private plane should consider landing at Castlegar airport. Castlegar is a large domestic airport with ILS, hangars, fuel and a 5,300 foot runway at an elevation of 1,624 feet.

Guests flying into Castlegar must clear customs at Kelowna, Cranbrook or Calgary.

Upon landing and collecting your luggage please proceed by taxi to the Sandman Inn in Castlegar where the CMH bus will rendezvous with you.

It is a good idea to check in with the CMH Transportation Department upon landing in Castlegar so that they may update you with information regarding the bus rendezvous.

Map to CMH Kuskanax Lodge, Kootenays



DIRECTIONS TO NAKUSP from BANFF

Revelstoke to Nakusp - 103 KM / 64 miles
1 1/2 hours (including ferry)

From Banff take the Trans Canada Hwy. (Hwy. #1) west to Revelstoke. **285 KM / 178 miles**

Drive through Revelstoke, staying on Hwy. #1, cross the Columbia River and you will come to a set of traffic lights. Turn left onto Highway #23 South and continue to Shelter Bay. **48 KM / 30 miles**

The ferry runs every hour on the Hour going north to south, every 1/2 hour going south to north.

Continue south on Hwy #23 to the town of Nakusp. **51 KM / 32 miles**

The Kuskanax Lodge is on the left side of the road as you approach the downtown area.

DIRECTIONS TO NAKUSP from SPOKANE

373 KM / 230 miles
5 - 5 1/2 hours

From Spokane, take Highway #395 North to Kettle Falls. **120 KM / 74 miles**

Turn right on Hwy. #25 past Northport to the Frontier / Paterson Border Crossing **64 KM / 40 miles**

Continue north through Rosland, and Trail to Castlegar. **43 KM / 27 miles**

Take Hwy. #3A to Crescent Valley, continue on Hwy. # 6 through New Denver to Nakusp. **146 KM / 90 miles**

The Kuskanax Lodge is on the right side of the road at the far end of the downtown area.